

A Game Plan for You

Your Game Plan Instruction Book

This is a way for you to put your thoughts and ideas about the future into one place, a game plan for you. The best way to complete it is to sit down with your family and friends and work through the questions together.

When you meet together:

- Keeps things positive
- Take turns talking
- Respect everyone's right to choose not to talk
- Listen to one another, and ask questions only to clarify
- Be respectful of each other's ideas and information
- Support one another
- If someone becomes uncomfortable or upset, offer to meet again at a later time
- Set a date and time to talk again about how the plan is working and how it might need to be changed
- End the meeting with a positive summary of what you talked about

How to Use the Guides and Checklists

You can complete the planning guide or checklist in this section online:

Click in the text box next to the question and type in your answer; OR Click in the box in front of a statement or question.

The completed guide or checklist can be printed out. You can also save or update your answers; go to the last page of this section for directions.

How to Save or Update Your Responses

To save your responses:

1. Click on "**Save or Update My Responses**"
2. Click "**Save**"
3. Fill in your name (you could also enter your name and a date to save progress.)
4. Click "**OK**"

To clear all responses and start over click "**Clear Responses.**"

To view, edit or update your saved responses:

1. Click "**Save or Update My Responses**"
2. Click "**Reload.**"
3. Select your name. Your previously saved responses will be restored.
4. Change or complete your responses.
5. Save your responses according to the directions above. To replace your existing responses, type the same name information, and when asked to overwrite, click "OK". Or enter a new name, or an existing name with a new date to save a new set of responses.

To delete your saved responses:

1. Click "**Save or Update My Responses**"
2. Click "**Delete.**"
3. Select your name. Your responses will be permanently deleted.